

LILY PEBBLES

NEWBORN CHECKLIST

NURSERY

A-LIST (to purchase before birth)

- Bedside crib
- Waterproof mattress protector & 2 x sheets
- Wipeable changing mat
- Box or bag with changing supplies (check changing section for list)
- Feeding chair (optional)

B-LIST (to research before, but purchase weeks after birth if/when needed)

- Cot or cotbed
- Mattress, waterproof mattress protector & 2 x sheets
- Baby monitor
- Mobile for cot
- Black out blind
- Play mat with toy arch
- Sensory toys (lights and crunchy sounds)

TRAVEL

A-LIST

- Car seat (and ISO Fix base optional)
- Car back seat mirror
- Buggy (suitable from newborn)
- Buggy car seat adapter clips (if not included)
- Sling
- Clip-on buggy fan (weather dependent)
- Car window shade

B-LIST

- Car/buggy clip on toy
- Black and white buggy bumper
- Backpack (optional)

PHARMECEUTICALS

A-LIST

- Baby ear thermometer
- Baby nasal aspirator
- Vapour oil or plug
- Baby nail file or clippers

B-LIST

- Daisy First aid kit
- Baby calpol and neurofen

BATHING & CHANGING

A-LIST

- Nappies (a pack of size 1 and then buy more once baby's size is known)
- Soft cotton pads and/or 99% water wipes
- Nappy sacks
- Nappy rash barrier cream
- Soft flannels
- Extra wipeable changing mat (optional)
- Small bath towel
- Baby bath or bath seat (optional)

B-LIST

- Portable changing mat (if not included in bag)
- Body moisturiser or oil (optional)

NAPPING

A-LIST

- DockATot & spare cover
- White noise machine
- Swaddle suits
- Bouncer (has to be one that rocks in some form)

B-LIST

- Orthodontic approved dummies (optional)

CLOTHING & BLANKETS

A-LIST (a couple of newborn, but mainly 0-3 months)

- Sleepsuits (with feet and foldover scratch mitts - zips optional for night time)
- Newborn kimono style bodysuits
- Short sleeved cotton bodysuits (for layering)
- Long sleeved cotton bodysuits (weather dependant)
- 2 x soft hats
- Leggings
- Rompers (weather dependant)
- Outdoor fleece/pram suit (weather dependant)
- Bamboo muslin cloths (small for feeding and large for swaddling)
- Cellular blanket

ITEMS PURPOSELY NOT INCLUDED

- High Chair (not needed for 6 months)
- Natural Sponges (flannels worked better for us)
- Wipe warmer (don't work well and not necessary. Good to get baby used to room temp wipes)
- Room Thermometer (wasn't reliable and caused unnecessary anxiety)
- Bath Thermometer (personal preference but using our elbow to test temp worked fine)
- Baby shoes (warm booties optional but shoes aren't worn for at least 6 months)
- Neutral coloured toys (baby will only engage with black and white at first, then brighter colours)
- Feeding pillow (maternity pillow or regular cushions will do)
- Baby socks (unless essential, don't bother. Get babygrows with feet)
- Hooded baby towel (hood not useful until older, any small towel will do)
- Baby dressing gown (impracticable until they're sitting at around 6 months)
- Baby hairbrush (even if baby is born with hair it probably won't need brushing for a while)
- Nappy Bin (you tend to take the poo nappies straight outside anyway, so might as well use normal bin)
- Changing table (get a mat and you can change them anywhere suitable for your space)
- Moses basket (not appropriate after c-section and outgrown quickly)
- Changing basket (pretty but impracticable)

This list does not include feeding or post-partum items as it totally depends on the type of feeding and the type of delivery which isn't often known until after the baby is born. Most items can be purchased quickly when needed to avoid waste.