

## NEWBORN SHOPPING LIST

### **BABY BEDROOM**

- Changer/Chest of drawers
- Cot/Cot bed
- Mattress for cot
- Sheet for cot x 2
- Waterproof mattress protector
- Baby monitor
- Chair (if possible)
- Night light w/ room temperature
- Mobile for cot (optional)
- Black out blind
- Nappy bin (optional)
- Anti-roll changing mat

### **OTHER SLEEPING**

- Bedside crib or Moses basket
- Sheet for crib/basket x 2
- Sleeping pod (optional)
- Sleeping pod spare cover

### **TRAVEL**

- Car seat & isofix
- Mirror for rear facing car seat
- Buggy (suitable from newborn)
- Sling (optional)

### **PHARMECEUTICALS**

- Thermometer
- Baby nasal aspirator (optional)
- Baby nail scissors
- Soft-bristled baby brush (optional)

### **BABY CLOTHING**

#### **(a mix of newborn and 0-3 months)**

- 6-8 Sleep suits (optional with zip)
- 6-8 Short sleeved (with no legs) body suits
- Swaddling suits (optional)
- 6-8 Long sleeved (with no legs) baby grows
- Leggings
- Pack of socks
- Hats
- Extra layers (depending on time of year)

### **BATHING & CHANGING**

- Nappies (size 0 and 1)
- Wipes
- Nappy sacks
- Cotton wool
- Nappy cream
- Bath seat/baby bath (optional)
- Natural sponges
- Flannels
- Changing mat for downstairs (optional)
- Changing bag & portable mat

### **OTHER**

- Downstairs crib or Moses basket (optional)
- Baby bouncer (optional)
- Large muslin cloths
- Small muslin cloths
- Feeding pillow (optional)
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- (Feeding equipment/accessories not included)*
- (Hospital bag and post-partum not included)*
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